



ANNUAL REPORT | *2023*

Love to Give is based in Kayamandi, a suburb of Stellenbosch, where many live below the bread line, and their health, safety, education, and livelihoods are at risk or vulnerable.

Love to Give's primary mission and purpose is to support families, whose lives are compromised by poverty, in tangible ways.

*We meet people where they are
in their life.*





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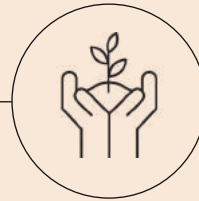
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OUR *model*



Problem

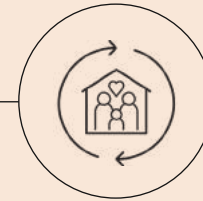
Poverty, Unemployment,
Malnutrition in Kayamandi
Stellenbosch



Mission

Move families to food
security by creating their
own income

Empower children to
have a better chance at
succeeding in life



Vision

Healthy parent with a
living income through own
business or a job

Healthy well-nourished
child with quality
education

LOVE TO GIVE *theory of change*





WHO *we are*



Pictured from left to right:

ZIMASA MEHLWANA
Youth Development Manager

NOMAJAMA JIKELA
Senior Community Care Worker

NOMVELISO XHALISILE
Garden Manager

HESTER VERSCHUUR
Program and Centre Manager

FROLINAH MGQADAZA
Administration Intern

GLORIA GCOTYELWA FILEZA
Community Care Worker

NOKUBONGA VENGE
Book-sharing facilitator

Team members not pictured:

PETER ALLAN
Chairman of the Board

YVONNE DE WET
Financial Manager and Board Member)

FUNDISWA MQHUKUSE
Kitchen Manager

ANNABEL ROSHOLT
Project Director and Board Member)

ALICE KRAMER
Board Member

DIRECTOR'S *overview*

“My mother taught me to rather say I am hungry than dying of hunger,”

says Food activist and poet Jerome Coetzee in the article: “Young Poets explore new ways of talking about the shame and stigma of food insecurity”

- BY ZUKISWA PIKOLI, DAILY MAVERICK, 6 JULY 2023

There shouldn't be shame about being hungry or about the anxiety of not knowing where to get your next meal. Yet there is an enormous sense of shame that shrouds these conversations and the mental health struggles of those who are food insecure.

Our beneficiaries often say that being at Love to Give and receiving the food parcel made them feel proud that they could put food on the table. It gives them a sense of dignity and confidence to take the next steps to improve their lives. Steps like getting a new CV written by our staff and going to look for a job. Steps like planting their own vegetables in their back yard or in a car tyre outside the front door. Steps like engaging positively with their children and their lives.

We are working to destigmatize the shame about being food insecure. In addition to the monthly food parcel, our organic-style vegetable garden training, mentoring and free seedling hand-out provide families with an ongoing source of nutrition. Our support groups and workshops provide a platform for sharing information, developing social networks and dealing with the many aspects of trauma associated with poverty. We also offer a small-business course and one-on-one mentorship, as well as referrals to many training institutions and a range of individually tailored interventions to assist people who find themselves living food insecure lives.

For fifty unemployed youth, the YearBeyond programme is an opportunity to have a one-year work experience at Love to Give where they receive a monthly stipend and are able to work as tutors with learners who are struggling at the two schools close to our centre. For learners in those schools, our after-school nutrition programme offers a vital source of good nutrition daily, home-work assistance and a wide variety of structured play activities.

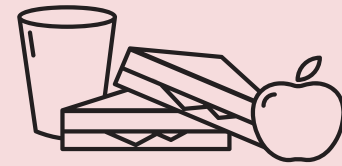
This report highlights some of the work that our dedicated team have done in the past year. Our Centre Manager, Community Workers, Youth Development and Garden Managers deal daily with individual cases, working tirelessly to interview, record case histories, and admit people to our programmes, and then to work to assist each person in starting to earn a living or improve their lives. This report only scratches the surface and gives a few examples of the many people whose lives have been turned around after their time at our centre.

We thank you for your incredible support in helping us continue to invest in the next generation of entrepreneurs and leaders of this country. Without this, we could not continue to do the work we do and we are very grateful to you.

Warm regards

ANNABEL ROSHOLT

Project Director



PRIMARY SCHOOL *Feeding Program*

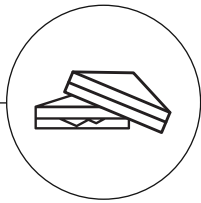
We aim to address hunger and to support the achievement each year of reduced malnutrition levels. Every school day we provide a nourishing meal to between 1500 and 1700 children from the two primary schools in Kayamandi.





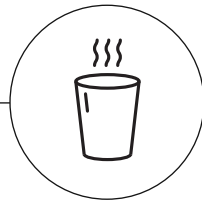
1500-1700

children are provided with a nutritious meal every school day



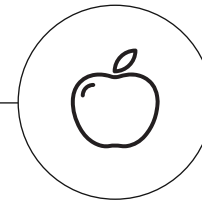
A peanut
butter sandwich

or

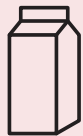


A cup of
nutritional porridge

and



One piece of
fruit each week



When we receive ad hoc donations locally or internationally from donors to mark special occasions - for a birthday, or a day of remembrance or Youth Day or Mandela Day - we use these donations to give the children a cup of fresh milk.





SUPPORTING YOUTH *in Kayamandi*

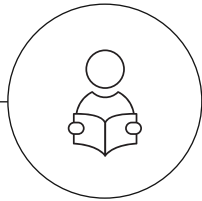
In collaboration with Year Beyond each year 50, previously unemployed, 18-25-year-olds from the Kayamandi Community join us as interns (YeBoneers) to gain work experience. They work with learners from the two Kayamandi Primary Schools on one of the two Year Beyond programs we offer either the @HomeLearning Program or the Academic Support Program.

50

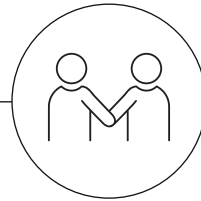
YeBoneers at Love to Give gaining meaningful work experience

2

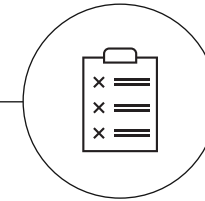
Primary Schools in Kayamandi supported



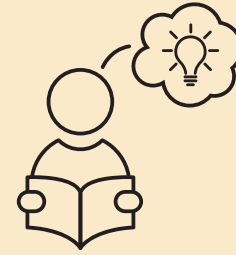
Weekly reflection and training sessions
- Future Fit Fridays every Friday



Each YeBoneer has regular individual one on one mentoring sessions



Every YeBoneer will be supported to apply for at least 3 post program opportunities



YEAR BEYOND *@Homelearning*

On this program our YeBoneers work as education activators in communities. They support at risk learners referred to the program by the two primary schools. They do home visits and run caregiver workshops and also hold regular interactive and fun literacy and community-based education activations.

1 070

learners reached during **142** Door to Door visit sessions

3 969

Referred Learner engagements

2 059

Home Visits



496

walking buses walked



8 586

learners attended

368

Parents/Caregivers reached during **69** workshops

12 957

children safely to school

609

EduFun Activity sessions

3 761

Learners received homework support during **525** sessions



YEAR BEYOND

Academic Support Program

We have seen improvements in the results of most of the children in the Academic support program

Results are compared between the first test of the year to the most recent test

English and Maths results of the 20 Primary School children in Lihle Plaatjie's group this year are shown in the table.

- **80%** of the children improved their English mark
- **85%** of the children improved their Maths mark

Lihle Plaatjie's Students	Eng Test 1	Eng Test	Better Mark	Math Test 1	Math Test 2	Better Mark
Izibele Fawali	44	55	Y	48	50	Y
Luniko Mqhukuse	40	43	Y	38	22	N
Milani Malamane	66	60	N	36	85	Y
Ubumyoli Nobumlu	31	55	Y	16	75	Y
Onaso Ntoholo	26	43	Y	36	18	N
Simnqobile Filtane	40	55	Y	30	82	Y
Siphumele Dzingwa	44	25	N	30	50	Y
Siyoliso Dakisile	77	50	N	52	87	Y
Anoxolo Rigala	36	55	Y	40	67	Y
Aqhame Mqukuse	17	35	Y	28	60	Y
Dimpo Mayeki	24	78	Y	30	77	Y
Inaso Nqwelo	41	60	Y	24	63	Y
Limyidi Ngugendabi	37	60	Y	46	93	Y
Linamandla Cetywayo	37	68	Y	22	20	N
Lisakhaya Sifumba	14	55	Y	24	75	Y
Lwandle Dlaku	11	25	Y	36	67	Y
Onke Tisani	37	43	Y	28	50	Y
Onke Khuselo	27	30	Y	16	52	Y
Ziziphiwo Kube	53	45	N	26	37	Y
Kungawo Mhlana	69	80	Y	62	70	Y

HOW DO THE *school-teachers* feel?

Extracts from a letter from Ikaya Primary School about the positive impact of the work of our youth interns:

“Our school has high enrolment which makes it very difficult for individual attention. The one-on-one interactions with the learners **improve attitude, positivity, co-operation, self-esteem, school attendance and results.**”



“**Love for reading has improved...** you will see them picking up reading books on their own.”



“The volunteers show love for their task, their attitude is welcoming, they have **brought fun to the learners.**”



A group of Primary School Children looking at the photos of themselves with Michael Middleton.

“**This initiative has spread across the community** – it is exciting that our youth has been absorbed by the program.”



Smart Parenting Workshop – August 2023



SUPPORTING FAMILIES *in Kayamandi*

Our community care workers identify families in Kayamandi struggling with socio-economic issues and battling to maintain the health and nutritional needs of their children. These parents are invited to join our six-month Program.



200

Families



1 200

Food Parcels



200

Greenlight
Surveys



200

Individual Goal
Settings



Individual
Trauma
Counselling
when needed

During our six-month program each beneficiary attends...

6 Smart Parent Workshops



6 Health & Nutrition Workshops



6 Gardening Workshops

6 She Blooms Workshops

We offer parents and caregivers of young children the opportunity to attend...



7

Book-sharing
Training Sessions



Left: Nomajama Jikela (*Senior Community Care Worker*), Alice Kramer (*Board Member*), Hester Verschuur (*Program and Centre Manager*), Yvonne de Wet (*Board Member*) and Fundiswa Mqhukuse (*Kitchen Manager*) with some of our beneficiaries on Food Parcel Day.

Right: Book-sharing Graduates Nov 2023



HOW DID OUR PROGRAM *change lives?*

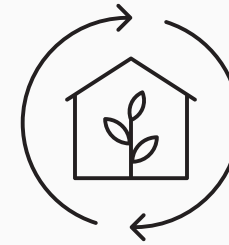
“The Food parcel helped me a lot, when I received it **I had no job and no support from anyone**”

”I will make sure I go for what I want with no fears. **This program re-built my faith**”

”**It changed my life** because I was shy and now I can share something with people. I was think I’m alone but now I am free”

“I learned a lot and now **I can make my own garden**”

“**The Greenlight survey helped me to get back to my life.** I love to pray and when I came I wasn’t praying – now I am back to my spiritual life”



SUSTAINABLE *livelihoods*

To help our beneficiaries to achieve their financial goals we support them with finding a job and / or starting a small business. We offer training and mentoring in Micro Business Development. We identify employment opportunities and find suitable courses that we can recommend.



1 235

job seekers supported

385

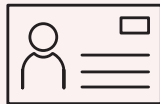
CVs Written and Edited



21 183

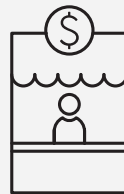
CVs Printed

14



Beneficiaries now have jobs as farm workers, security guards, cleaners and caregivers

9



Small Businesses Started including Furniture making, Fruit selling, Take-away Food and Garden Produce

24



Home Gardens Started



13

13 Beneficiaries attended external Skills training:

6

did Caregiver training at Legacy Homebased Care

4

did Frail Care training at Bergzicht Training Centre

2

did Cooking / Waitron training at Stellenploy

1

did on the job training in a furniture making business



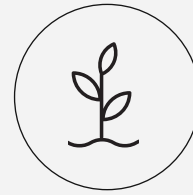
Small Businesses



NTOMBODUMO MANGE
Making Furniture



NOKUBONGA TUSWA
Serving a customer Vetkoek



Home Gardens



YONELA NGOSHE



MAVIS NONGOGO

THANK YOU & *Acknowledgement*

Love to Give (registered as Stellenbosch Community Development Programme) exists because of the generosity of others: without our Donors we would simply cease to be. The love and support we provide our beneficiaries, reflects the love and support of those who give generously and regularly.

We thank and acknowledge each and every one of you.



We are BBB-EE rated and will provide South African donors with a certificate in terms of Section 18A which can be used for tax purposes. Donors outside of South Africa can donate through our profile on GivenGain and claim tax through their international platform.

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- Remgro Management Services Ltd
- Timberlea Farming Trust
- Kavod Trust
- Skybound Capital
- Capital Harvest
- S.O.S. Kayamandi, The Netherlands
- Parenting with Purpose
- Global Accommodation
- Maximum Adventure - The Jabulani Challenge, Australia
- The Rice Foundation
- Siqalo Foods
- Project Education, Sweden
- Tokara
- The Fishing Trust, Cape Town
- L.D.P. Stellenbosch
- G.V.V. Investments
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- PayMeNow Group
- FUNRaiser NPC
- The Narollah Trust
- The Fitton Trust
- Rensol Africa

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THANK YOU