



LOVE
TO
GIVE

ANNUAL REPORT 2022

CONTENTS



1. Director's Overview
2. Meet Our Team
3. Love to Give Model
4. Effective Nutrition and Food Security
5. Sustainable Living
6. Early Childhood Development
7. Youth Internships and After School Programmes
8. Good Governance
9. Key Results
10. Success Stories
11. Thanks & Acknowledgements
12. Collaborative Projects
13. Conclusion
14. Get Connected

LOVE
TO
GIVE



DIRECTOR'S OVERVIEW

Since our inception in 2005, Love to Give has been lucky enough to secure loyal long-term donors who have given our organisation stability for sustainable growth. We have also been fortunate to have been chosen to be the Implementing Partner for some truly outstanding organisations and programmes.

We have a long-standing very valuable partnership with Tiger Brands who supply food for the food parcels and the After-school programme. This has been key to the food security of our beneficiaries, and to the success of our Sustainable Livelihood Programmes, which includes training in our vegetable gardens.

Facilitators and Mentors have been trained in the following programmes which have been successfully rolled out at the centre with our beneficiaries:

- The Mikhulu Trust Dialogic Book-sharing Programme
- The @Home Learning After-school Support Programme
- The Lunchbox Fund After-School Feeding Programme
- The Year Beyond Youth Internship Programme
- The Greenlight Poverty Assessment Survey and Goal Setting Plan

We are able to offer a wide range of both group and individually-tailored interventions to assist people who find themselves trapped, disempowered and frustrated by poverty.

This report highlights the work that our team has done in the past year. I am so proud of them for the work they have done, and the results we have achieved.

Thank you for helping us continue to empower those who want to uplift their lives, and to find and invest in the next generation of entrepreneurs and leaders of this country.

With warm regards
Annabel Rosholt, Project Director

MEET OUR TEAM



MANAGEMENT COMMITTEE

Annabel Rosholt (Project Director)
Yvonne de Wet (Financial Manager)
Peter Allan (Committee Member)
Jock de Jager (Committee Member)
Alice Kramer (Committee Member)

SUB COMMITTEE

Hester Verschuur (Programme and Centre Manager)
Nomajama Jikela (Snr Community Care Co-ordinator)
Zimasa Mehlwana (Youth Development Manager)

OTHER STAFF

Gloria Feleza (Community Care Co-ordinator)
Xolisiile Majongolo (Food Garden Manager)
Zintathu Pukuza (Kitchen Manager)
Fundiswa Mqukusa (Assistant Kitchen Manager)
Nokubonga Venge (Book Sharing Facilitator)
Frolinah Mgqadaza (Admin assistant)

LOVE TO GIVE *Model*



PROBLEM

Poverty, Unemployment,
Malnutrition in Kayamandi
Stellenbosch



MISSION

Move families to food security
by creating their own income

Empower children to have a better
chance at succeeding in life



VISION

Healthy parent with a living income
through own business or a job

Healthy well-nourished child with
quality education



EFFECTIVE NUTRITION
AND FOOD SECURITY





EFFECTIVE NUTRITION

Effective nutrition is at the heart of all that we do - a hungry child can't learn or develop.

Every day we provided **1500 primary school children** from the Ikaya Primary and Kayamandi Primary schools with a cup of **fortified porridge and a piece of fruit**. In many cases this was the only food those children would eat in the day. We are very grateful to the Lunchbox Fund who has supported us with the porridge and to the Timberlea Farming Trust who provide the fruit.

A survey of 329 of the children coming to centre children found that:

188 children had parents who were unemployed so they did not eat supper or breakfast at home.

141 children came from homes where one parent had a job. Meals at home would be mainly starch based (rice, potato, samp or bread) with some meat. Only 6 of the children surveyed ate non-starchy vegetables with their supper, like spinach, carrots, etc.

Every month we distributed **food parcels** to the **100 families** participating in our 6 month programme. The monthly food parcels create breathing space for mothers to start thinking about a life that could be different. The ultimate goal is to move families from poverty to financial security.

We encourage our beneficiaries to **recycle the tins** from the monthly food parcels. The tins are cleaned and brought back to Love to Give and then taken to a depot by our beneficiaries. A small payment is received for the recycled tins which is used to buy seedlings for the garden



COMMUNITY & HOME FOOD GARDENS

Our community garden is a key focus for the 100 beneficiaries in our 6 month program. Growing food helps the community to improve their level of **food security** and the range of micro-nutrients in the family diet.

Our vegetable garden manager holds **weekly garden workshops**, covering an array of gardening topics which are aimed at upgrading the knowledge and skills of our beneficiaries.

We encourage **our beneficiaries to start their own gardens at home** and visit them to provide on-site mentoring. We are currently supporting **21 home food gardens**

Love to Give is running its own **seedling nursery** to supplement the ongoing demand for seedlings for our community and home food gardens.

Love to Give has installed two **rainwater-harvesting** tanks in order to provide water for the vegetable gardens as well as to store the rainwater for the drier months of the year.

We have gratefully received **seedling donations** which fill up our food garden.



SUSTAINABLE LIVING



GREENLIGHT MOVEMENT

In June 2022 Love to Give **collaborated** with the **Greenlight Movement** whose mission is to **move families from poverty and dependency towards independence and dignity** in South Africa.

Two of our staff members have been trained to complete the **Greenlight surveys** with our beneficiaries and with the support of the Greenlight movement completed **100 surveys in 2022**.

The Greenlight Survey is a multi-dimensional, **self-evaluation**, visual survey tool that allows households struggling with socio-economic issues to diagnose their situation, as a first step in developing a **personalised strategy to reach for a better quality of life**.

The Greenlight assesses six dimensions:

- Income & Employment
- Health & Environment
- Housing & Infrastructure
- Education & Organisation
- Self-Awareness & Motivation
- Culture & Participation

Our beneficiaries will be in **small support groups** to help them to set goals and work on action plans on things that they want to **change in their lives**. This process will help them get back dignity and more independence. The intention is to repeat the surveys to measure progress



GREENLIGHT MOVEMENT PROCESS

We follow the journeys from impoverishment and dependence to independence and dignity





EMPLOYMENT HUB

In our employment hub we offer **support with job applications** which includes help with CV writing, making copies of supporting documents and applying for tax reference numbers from SARS.

Many people come to the centre to use the WiFi to work on their studies or to search and apply for jobs.

TRAINING

We work closely with a number of **training institutions** which provide opportunities for our beneficiaries and increase their chances of finding jobs. These include:

Agriculture Training by Elsenburg

Hospitality Training by Oude Werf Hotel and the De Leeuw group

Training in the Wine Industry by the Pinotage Youth Academy

Community Work Programme - Many of our beneficiaries have been approved to work at the Community Works programme.



HEALTHY HOMES & FAMILY WELLNESS

Love to Give forms **holistic relationships** with the families on our programme. Our **Community Care Coordinators** do a **home-visit** in order to get an understanding of the circumstances within each home. Details are noted in a comprehensive family case study, and a **six-month contract** is signed between Love to Give and the beneficiary, in order to secure commitment from them, as well as from us.

We run various **workshops for our beneficiaries** in addition to the gardening workshops. She Blooms is an NGO started by Tessa Custers from Holland. She came to Kayamandi, and trained our Community Care Coordinators to run **She Blooms Workshops**, during which mothers learn how to communicate the issues of sexual development and sexuality with their daughters.

Support Groups are held weekly and topics covered include: sexual health, dietary and health education, abuse and violence, and parenting.



EARLY CHILDHOOD DEVELOPMENT



DIALOGIC BOOK-SHARING



We introduced the **Mkhulu Trust Dialogic Book-sharing Programme** into Love to Give several years ago. "Dialogic book-sharing' is a special kind of interaction between an adult and a **young child** using a **wordless picture book**. It is not simply 'reading' to a child who listens passively – instead, it is an active exchange, **led by the child**, and **supported by an adult** who is attentive to their interests and communication."

Nokubonga Venge, our book sharing facilitator, has continued to do an amazing job teaching mothers how to share books with their children. In 2022, **54 mothers did a six week training program** to learn about dialogic book sharing.

Book-sharing improves children's **language, cognitive and socio-emotional development**. This means improved vocabulary and ability to talk about things. It means better attention and concentration and the ability to solve problems. It means better socialising with other people and better recognising and managing emotions. Book-sharing is a particularly good way for the **parent and child to bond**, because it encourages **closeness and conversation**.

One of the mothers who completed the programme has also started doing book sharing with the children in her street, using the themes in the books to teach children to care for one another and help their parents/caregivers at home with small household tasks.

**LOVE
TO
BUILD**

YOUTH INTERNSHIPS
AND AFTER-SCHOOL
SUPPORT PROGRAMMES



YEAR BEYOND



YearBeyond is a **partnership** between the Western Cape Government, The Community Chest of the Western Cape, the Michael and Susan Dell Foundation, Jobs Fund and various NGOs. It aims to provide unemployed youth (18 to 25 year-olds) with a **meaningful work experience** and a **pathway to further studies or work**, while at the same time encouraging a **culture of service to your community**.

The goal of the programme is to **promote the value of education** in disadvantaged communities. This is achieved by supporting and connecting them with learning through play-based educational activities (Nali Bali, Singakwenza, WordWorks), creating learning support systems in their homes and communities and creating upskilling opportunities through the YearBeyond programme.

Love to Give, is Year Beyond's Implementing Partner, in Kayamandi. In 2022 we employed **29 Year Beyond Interns or YeBoneers**. The Yeboneers work on either the @Home Learning programme or the Academic Programme from Mondays to Thursdays. On **Future Fit Fridays** the yeboneers meet with their Love to Give Mentors and this weekly session provides opportunities for skills development, networking and personal growth.



YEAR BEYOND WCED@HOMELearning



YearBeyond WCED @HomeLearning is a partnership between YearBeyond and the Western Cape Education Department, the Western Cape Department of Economic Development, the Western Cape Department of Cultural Affairs and Sport, schools and NGOs under the leadership of Hope through Action. The programme aims to promote a strong community **culture of learning and support for at risk learners**.

What do the YeBoneers do?

The YeBoneers work as **education activators** in Kayamandi and **support at risk learners** who are referred to the programme by primary schools. They conduct **home visits** and run **caregiver workshops**. They also take part in regular interactive and fun literacy and community-based education activations.



YEAR BEYOND ACADEMIC PROGRAMME



YeBo Academic Programme is designed as a catch-up intervention to assist primary school learners in **closing their foundational literacy and numeracy gaps**. The goals of the programme include improving academic outcomes, progression rates and non-academic outcomes, and reducing dropout rates.

What do the YeBoneers do?

The YeBoneer are trained to work with **struggling Grade 3 and 4 learners** in low- and no-fee schools. In Grade 3 primary school learners switch from being taught in their mother tongue to learning in English. The **YeBoneers** support the teachers during the day and provide **one on one paired reading** support to the learners on the programme. After formal school hours, the YeBoneers run a catch-up **After School Programmes** that incorporate **literacy, numeracy and homework support**.



@HOMELearning AT LOVE TO GIVE

STATS FROM APRIL TO NOVEMBER 2022

Homevisits

1204

Homework support

7454

@Risk learners

4

31 811

Informal activities

Referred learner
engagements

9150

7248

Formal activities
(Nal'ibali, Word
Works &
Singakwenza)

Parent Care Giver
workshops

44

716

Parent Care Giver
attendees

GOOD GOVERNANCE

Good Governance lies at the heart of any effective and efficient organisation. Although Love to Give is a Non-Profit Organisation (NPO), we purposely apply the principles of running an effective business. The "profits" which we release are:

- the benefits that flow to our beneficiaries (the children and their families) namely vital nutrition, skills training, and either new jobs or mentorship and loans for their small business development. We assist our beneficiaries to start earning an income and become food secure.
- the benefits that accrue to our donors namely the assurance that their Social Responsibility funds or goods are scrupulously applied for the agreed purposes, for which they are being donated. We assist our donors to effectively support causes which reflect their social concerns.



KEY RESULTS JANUARY - NOVEMBER 2022

114

GREENLIGHT
SURVEYS
CONDUCTED



443

UNIQUE CV'S
WRITTEN AND
EDITED



22941

ADDITIONAL CV'S
AND SUPPORTIVE
DOCUMENTS
PRINTED AND
SCANNED

32

BENEFICIARIES
GOT JOBS



1100

MONTHLY
FAMILY FOOD
PARCELS
DISTRIBUTED



1500

PRIMARY
SCHOOL
CHILDREN FED
PER DAY

14

HOME GARDENS
SUPPORTED



54

PARENTS
TRAINED IN BOOK
SHARING

800

PRE-SCHOOL
CHILDREN
BENEFITTED
FROM BOOK
SHARING



SUCCESS STORIES



Kutlwisiso's Story



As part of the Year Beyond @Home Learning Internship programme, Kutlwisiso worked as an intern with us for the year last year. On a stipend of R3 000 per month, he tutored learners who had been referred to him for homework assistance by their teacher at Ikaya Primary, as well as doing after-school activities through Wordworks, NaliBali and Singakwenza. By the end of the year, many of these young learners had improved their marks from as little as 30% to 60 or 70% under his care, and were so proud to receive the certificate we handed to them at the Graduation in November. This year, Kutlwisiso is going back to UWC to resume his B.Com LLB studies.

As a child, Kutlwisiso attended Ikaya Primary, and came to Love to Give every day for a meal. He told us that there was often no food at home, and this food meant so much to him. He is still very thin, but is determined and articulate. Like many of the interns we had at our centre last year, he has made the most of his internship with us, particularly the leadership workshops we ran every Friday as part of our Future Fit Fridays programme. Towards the end of the year, he attended career fairs, was given mock interviews by business people from Stellenbosch and attended some donor and management meetings. Kutlwisiso's mother was also a beneficiary of ours, being on our Food parcel Sustainable Livelihoods programme for six months. The positive impact we have had on Kutlwisiso and his family has been a sustained, long-term one, and will give him the chance of becoming a leader, an agent for change and a responsible member of his community.

Nokubonga's Story

Nokubonga is a young mother of three young children from the Eastern Cape. When she was at High School there, her parents arranged for her to marry a man she had not met, and removed her from school. She moved to Kayamandi, and suffice to say, the marriage has not been a success and she has endured serious abuse. She joined our Sustainable Livelihoods programme, and during the six months she was with us, she received a monthly food parcel and work diligently in the vegetable garden. She attended the various courses and workshops we offered, and was particularly interested in the Book-sharing course.

As her six months came to an end, we offered her the position of Book-sharing facilitator, as Nono, our previous facilitator, wanted to retire. Nokubonga learned to use the laptop, and now runs the 8-session course for mothers/carers. She teaches them to share picture books with their pre-school children, even if they can't read themselves. At the end of each course, we have a graduation ceremony. The women dress up and are very proud of their certificates. These courses are run continuously through the year by Nokubonga. She is delighted to have a job which requires only 2 - 3 hours a day and 2 - 3 times a week, provides her with the support of a caring community, and of course a source of income.





THANKS & ACKNOWLEDGEMENTS

- Tiger Consumer Brands
- Remgro Management Services Ltd
- Timberlea Farming Trust
- Pricewaterhouse Coopers
- Kavod Trust
- Skybound Capital
- Capital Harvest
- SOS Kayamandi, The Netherlands
- Parenting with Purpose
- Global Accommodation
- Maximum Adventure - The Jabulani Challenge Australia
- The LunchBox Fund
- The Rice Foundation
- Siqalo Foods
- Project Education Sweden
- Tokara





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- Mr & Mrs M.B. Middleton
- Ms F. Leisegang
- Mrs Y. de Wet
- Dr & Mrs H. Reuter
- Mrs N. Myburgh
- Mrs A. Geustyn
- Mr & Mrs P. J. Rabe
- Ms L. Friedlander
- Mr & Mrs H. Zetler
- Miss I. du Toit, Greengate
- Mr J.K. Bekker
- Mr and Mrs N. Hendrickz
- Mr & Mrs R. Sankey
- Mr and Mrs G. Brownell
- Mr & Mrs S. D. Rosholt
- Mr & Mrs U. Aberle
- Mr & Mrs P. Danckwerts
- Mrs M. Rosholt
- Mrs A. Marent-Hegewisch
- Mr R G Shepherd
- Stellenbosch United Church
- Mrs R. Matterson
- Mrs E. Kok



THANKS & ACKNOWLEDGEMENTS

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- Mrs U. Von der Heyde
- Mr and Mrs H. Wimble
- Mrs M. Poole
- Mrs A. Reynolds
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- Mc Crone Charitable Trust
- Mr A. E. van Niekerk
- Mr and Mrs T. Townsend
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- Mrs A. Flanagan
- Mr and Mrs D. de Freitas
- G.V.V. Investments
- Mr B. Talbot
- Mr J. Dolling
- Mrs B. Fouche

DONORS AND PARTNERS



Tiger Brands



DONORS AND PARTNERS



CONCLUSION

We hope that this report adequately highlights the valuable contribution which you are making to the alleviation of poverty in hundreds of families, and thousands of children annually in Kayamandi; to the growth of a healthy generation of children and young leaders.

To all our donors, big and small, a sincere thank you for your support of Love to Give.

Regardless of the size of your donation, we appreciate every single one of you!





GET CONNECTED

Follow us on Instagram:

@lovetogive_stellenbosch

Like us on Facebook:

@Love to Give / Stellenbosch Community
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