

A photograph of a woman in a yellow shirt holding a baby. The woman has white ointment on her cheek and is wearing a patterned headwrap with yellow ribbons. The baby is also wearing a yellow shirt. In the background, there are other people, including a man in a dark cap and a woman in a patterned headwrap. The overall scene appears to be a community gathering or a health check-up.

IMPACT ASSESSMENT  
REPORT 2020

**LOVE  
TO  
GIVE**



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# DIRECTOR'S OVERVIEW

Dear friends,

The year 2020 has been like nothing we have ever experienced before. During lockdown, our centre was declared an essential service and our focus was solely on addressing the most important and urgent issue of the crisis: Hunger.

For Love to Give, the Covid-19 pandemic highlighted the reputation, stature and 15-year history we have within the community of Kayamandi, in the greater Stellenbosch area and with our wider donor community. We are known for being an organisation with integrity and capability. And for this, I am very proud of our dedicated staff who work tirelessly and selflessly to identify families in need and assist them. And also proud and grateful to you, our donor community which gives generously in a crisis and on a long-term basis.

Since lockdown restrictions have eased, our attention has turned to our regular activities, providing nutrition to children and families, and to addressing unemployment in Kayamandi which has been severely negatively impacted by the pandemic, particularly in the tourism and hospitality industries.

This report details a range of individually tailored interventions which we offer, as well as our nutrition programme and vegetable gardening. In spite of the pandemic, we are delighted to have a new internship programme starting. We are also mentoring 40 small businesses to assist them to be viable and profitable once again.

Our programme offers a holistic approach to assist people who find themselves trapped, disempowered and frustrated in their lives to become healthy and financially self-sufficient. We ask you to continue supporting Love to Give at this critical time in our economy, and help us help others help themselves.

Warm regards

Annabel Rosholt, Project Director

# LOVE TO GIVE'S COVID RESPONSE TO DATE

Number of Food Parcels handed out to families

**2940**



Number of 5kg MyLife Maize Meal distributed

**3000**



Number of Babies supported with baby food

**50**



Number of Wonderbags (reducing cost of meal prep) distributed

**596**



Number of Foreign Nationals assisted with food parcels every month

**222**



**849**

Total number of families supported with food parcels monthly



**59**

Number of Small Businesses supported



**753**

Number of Food Vouchers distributed to beneficiaries



**2402**

Number of Masks distributed to beneficiaries



**500**

Number of Winter Jerseys distributed

# A TALE OF COMMUNITY, COMPASSION AND BUILDING RESILIENCE



We have been humbled by the way our donor community far and wide rallied to help during the level 5 lockdown and beyond. The care and concern of people was amazing and many people coordinated their group of friends to assist with whatever they could, be this food items, money to buy food parcels, fresh produce from farms, soap, hand sanitizer, buckets and containers to hold handwashing water, face-shields for teachers and students, face masks, and clothes new and second hand.

With this help, we were able assist more than 1071 families and have handed out 2940 food parcels since the beginning of the lockdown. Your care, compassion and empathy for communities that were not as resilient as yours and had the potential to spiral into severe crisis, was deeply humbling and appreciated beyond words. You all made such a difference.

From the bottom of our hearts and from all of our beneficiaries to every one of you – Thank you! We really are a caring community.

# THE KAYAMANDI COMMUNITY



Covid-19 and the lockdown had a severe impact on the Kayamandi community and the projects that we run. For the duration of the lockdown our focus had to shift almost entirely to food distribution and ensuring that families were getting enough to survive. The number of people who lost jobs was large and continues to grow. Additionally people who previously had been able to get seasonal jobs in the hospitality industry do not have the same job opportunities as in previous years due to international travel being severely curtailed and the surge in Covid cases in Europe and America.

The Kayamandi community came together spectacularly to avert a disaster during the Covid crisis. And all of this with no prior warning and no blueprint to refer to in terms of how to deal with the situation. All of our staff and the staff of other organisations came to work despite the fear and uncertainty of this new virus and the potential risk to self. As essential services we were able to operate throughout lockdown. To the other organisations in Kayamandi who worked co-operatively we thank you. It made a huge difference to be able to check what was happening in various parts of the community and who was doing what and where the gaps were. To the community leaders who leaped in – thank you. Without your help in identifying families in crisis and helping us with the distribution of food in order to avert too many people gathering and potentially overwhelming the centre, we could be more effective and stay safe. To the volunteers who weren't able to go to their own work and pitched in to help us, thank you. You made it easier for us to stay open five days a week despite working in two teams to mitigate risk of the centre having to close. To the residents of Kayamandi who shared food parcels with their neighbours, who helped hungry people when we couldn't and cared, we thank you!

Umntu, ngumntu, ngabantu!

# LOVE TO GIVE MODEL



## PROBLEM

Poverty, Unemployment, Malnutrition in  
Keymevond: Stellenbosch



## MISSION

Move families to food security by creating their  
own income



## VISION

Healthy parent with a living income through own  
business or a job  
Healthy well-nourished child with quality  
education

# MISSION

Love to Give's primary mission is to assist in various tangible ways, families whose lives are compromised by poverty.

We commit ourselves to achieving measurable progress each month on lead goals in the following five supporting strategic themes governing our Wildly Important Goals (WIGs) and to provide account:

**1. SUSTAINABLE LIVELIHOODS & ENTERPRISE DEVELOPMENT:** Assist unemployed women and their adult family members to find jobs in the formal sector. Coach entrepreneurial individuals to create micro businesses. Assist young adults to gain computer literacy and help them with their applications to colleges and universities.

**2. EFFECTIVE NUTRITION:** Address malnutrition effectively by handing out monthly food parcels and nutritious meals to children daily.

**3. COMMUNITY & HOME FOOD GARDENS:** Grow additional nutrition

**4. HEALTHY HOMES & FAMILY WELLNESS:** Address health and other conditions in the homes of children and of their families, invite women to visit our centre and actively participate in various training programmes over six months as per a signed agreement.

**5. GOOD GOVERNANCE:** Maintain a best-practices governance model aimed at achieving the maximum with the donations of our donors.





# THEORY OF CHANGE



**101**

beneficiaries  
trained in  
improving  
marketable  
skills



**424**

CVs  
written

**35**

beneficiaries  
got jobs



**10**

beneficiaries  
trained in  
booksharing  
before  
lockdown

**2000**

children  
fed a day



**24**

home  
gardens  
maintained  
& supported

**8**

small  
business self  
help groups  
started  
consisting of  
5 members  
each



**40**

small  
businesses  
assisted  
with recovery  
after  
lockdown

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**KEY RESULTS 2020**

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# OUR STRATEGIC THEMES

1. SUSTAINABLE LIVELIHOODS  
AND ENTERPRISE  
DEVELOPMENT





## JOB SEEKING

The demand for CVs at the beginning of the year was at an all-time high with many young people popping into the centre to either get their first CV done, or to update an existing CV. There was a similar demand for the use of our computers and Wi-Fi to do job searches or apply for work online.

This all came to a grinding halt after the lockdown and we saw more people coming in from July when the lockdown eased. It also became more apparent however how many people had lost jobs over the lockdown and are now desperately seeking work in a diminished work environment. We anticipate the unemployment rate to remain high for the foreseeable future. Our CV writing and printing service remains key in mitigating the cost of job seeking. We are hosting a youth career day in November for young people who are finishing matric this year as well as for others who have not found jobs yet. We are hoping to make this a twice yearly event.

The first Youth Career Day will feature a speaker from Harambee, from Jobjack and a speaker from Pinotage Youth Development Academy. They will be speaking about their respective organisations and what is on offer and then talking about some aspect of job seeking, work readiness and career building.

We are excited that one of our small business owners will also be speaking. She has been on the Business for Life course, will be joining one of our self-help groups and has started her company that finds suitably qualified staff for events in and around Stellenbosch.

## TRAINING

At the beginning of the year we were able to put twelve young people through the hospitality course at Amazink restaurant in Kayamandi. They covered food preparation and restaurant kitchen systems, waiter training, barista training and an introduction to South African wines and wine service.

The lockdown put paid to continuing with these courses and we were also notified by the previous funder that they would not be able to fund adult training in the next financial year. The impact of Covid-19 and the hard lockdown has had a significant effect on the hospitality industry and going forward the impact on tourism and subsequently on companies where these trainees would be able to find work has been badly compromised.

We are therefore re-evaluating the effectiveness of this course in the short term and will potentially be looking for other training opportunities that will lead to more young people being able to find jobs and will be looking for funding to implement these courses. There was a similar impact on the agricultural training we have been offering to beneficiaries who were interested in improving their agricultural skills. The planned courses had to be cancelled due to the lockdown. Since the easing of the lockdown and despite losing funding for these courses, Elsenburg College has been able to assist us with further courses. We have run an agri-processing course and a safe handling of chemicals course since level 1 lockdown was introduced.

All in all 39 beneficiaries did these course and we are currently in negotiation to run a tractor driving course, canopy management and pruning course and further agri-processing courses, in the remainder of this year and in the first few months of the new year. We are very grateful for the assistance of Elsenburg College and the Department of Agriculture who have been able to subsidise these course for us. The agricultural sector remains a large employer of our beneficiaries and the fact that they were marked as an essential service meant that even during the hard lockdown some of our beneficiaries were still able to get some seasonal work on the farms.

## SMALL BUSINESS DEVELOPMENT

During the lockdown we were able to keep in contact with the small businesses that we have been supporting and were able to ensure that despite them not being able to operate their businesses that they also had enough food for their families.

We were gratified to have been able to do business with six of the small businesses that have been on our business development support programme. We ordered face masks from three sewing business, have ordered supplies and additional food parcels from a small business that supplies NGO and ECDs in Kayamandi with food and cleaning materials, have contracted another small business to do the catering for courses that are run at our centre and have used one of our small businesses to accommodate a visiting facilitator.

We were able to offer some assistance to get their businesses going again after the lockdown and have also transitioned the small businesses into a new way of doing things. Instead of giving financial assistance to individual businesses we pooled the money, formed self-help groups made up of five businesses and allowed them to manage the revolving credit pool and how they would grow this amount of money.





We have so far formed six self-help groups and each group has access to R5000 in revolving credit. Each group decided on the maximum amount a small business could take out as a loan, what the repayment time period would be and also how much interest would be charged on each loan.

Additionally each group decided how much each member would contribute to the revolving credit pot in order to grow the amount of money available. This method of working with small businesses ensures that they take responsibility for the initial funding and work on building resilience against any future setbacks.

They also have a vested interest in all of the small businesses being a success so there is much more sharing of ideas and possibilities for group buying in order to access bigger discounts as well as being accountable to their other group members. We have another ten small businesses who are ready to join a self-help group so we will be setting up two more groups by the end of the year.

## BUSINESS FOR LIFE COURSE

The Business for Life Course was interrupted by the Covid-19 lockdown and we were unable to complete the two remaining modules in March and April as anticipated. We were delighted that the team from Kenya was due to visit family in Cape Town in November and could finish the training with our small business owners. The beauty of this course is that it is accessible to all and the theory is grounded in practical application with exercises completed in the community.

The participants also played the business finance game which helped them understand how to use all of the financial record keeping tools that they had learned about as well as how to use their resources to grow their businesses.

Once completed we will be able to offer our beneficiaries and small business in the community the opportunity to attend further courses that will be run by our newly trained facilitators.

With this training beneficiaries will have the tools to start new businesses or grow existing small businesses. We are aiming to find sponsorship to run this course at least twice yearly going forward.





## 2. EFFECTIVE NUTRITION

Love to Give provides an average of 2000 children a nourishing meal every school day of the year. The children are from two primary schools and two after-care programmes. They receive a Peanut Butter / Rama sandwich or fortified porridge, a piece of fresh fruit and milk or vitadrink.

Two scientific screenings are done in a year during which the height and weight of more than 3300 Primary School children is taken, and assessed in order to identify the children who are malnourished.

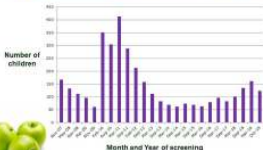
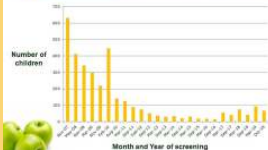
Children between the ages of 5 - 9 years are particularly vulnerable. Infection and malnutrition in this age group hinders their development and they have an increased risk of infection.

Due to high unemployment and with many children going to bed hungry every day, the daily school supplementary feeding plays a crucial role in maintaining their immune systems, especially during this pandemic.

If parents or caregivers are sick, quarantined or unable to provide nutritious food, children will suffer.

Unfortunately, due to the Covid-19 pandemic, we could not complete our screenings this year but through the valuable support of our donors, we were in a very fortunate position to still be able to ensure our learners do not go hungry and were provided with nutritious meals for optimal health.







### 3. COMMUNITY & HOME FOOD GARDENS

We currently have 24 home food gardens that are supported with seedlings, compost and garden advice from our food garden manager.

The home gardens are used as a way for the community to increase their level of food security and improve the range of micro-nutrients available in the families' diets.

Love to Give also runs a bi-annual vegetable garden competition called, Gorgeous Gardens, which encourages home food gardening, and acts as an incentive for families to maintain a beneficial garden for themselves as well as extended family.

Due to the Covid-19 pandemic, we've had to postpone our Gorgeous Garden prize handout until next year.

**PERMACULTURE GARDEN WORKSHOPS:** We have partnered with Food and Trees for Africa and hold weekly gardening workshops through our vegetable garden manager, covering an array of gardening topics which are aimed at upgrading the knowledge and skills of our beneficiaries.

**RECYCLING OF TINS:** The tins from the monthly food parcels are recycled. The tins are cleaned and brought back to Love to Give where they are then taken to a depot by our local Kayamandi recycling small business

**MULCHING:** Mulching is used on our vegetable gardens in order to retain soil moisture, regulate soil temperature as well as suppress the growth of weeds.

**SEEDLING NURSERY:** Love to Give has started it's own seedling nursery to supplement the ongoing demand for seedlings by our community and home food gardens

**RAINWATER HARVESTING:** Love to Give has installed two rainwater harvesting tanks in order to provide water for the vegetable gardens as well as to store the rainwater for the drier months of the year.



## 4. HEALTHY HOMES AND FAMILY WELLNESS

The majority of our families are surviving on a child-support grant, sometimes two, for an average family of five people. Love to Give forms holistic relationships with the families on the programme to try to change this situation of extreme poverty. Before a family or a beneficiary is signed onto the programme, our Community Care Coordinators do a home-visit in order to get an understanding of the circumstances within each home. Once this is done, a six-month contract is signed between Love to Give and the beneficiary in order to secure commitment from them as well as from us.

Monthly food parcels are given to our beneficiaries. They work in the gardens on a twice-weekly basis, and attendance is strictly monitored. The food parcel consists of tinned pilchards, cake flour, maize meal, rice, samp, corned meat, baked beans, sugar beans, peanut butter, oats, morvite, fresh organic vegetables from our community gardens, and is worth about R550 per month. We have also added MyLife maize meal to the monthly food parcels.

The monthly food parcel is used as a tool, to create a breathing space for mothers to start thinking about a life that can be different. The ultimate goal is to move families from poverty to financial security.



## 5. GOOD GOVERNANCE

Good Governance lies at the heart of any effective and efficient organisation. Although Love to Give is a Non-Profit Organisation (NPO), we purposely apply the principles of running an effective business. The profits which we release are:

- the benefits that flow to our beneficiaries (the children and their families: new job and micro-businesses, new craft skills, vital nutrition, and new gardening skills for getting food on the table)
- the benefits that accrue to our donors namely the assurance that their Social Responsibility funds or goods are scrupulously applied for the agreed purposes, for which they are being donated. We assist our donors to effectively support causes which reflect their social concerns.





# MEET OUR TEAM

## MANAGEMENT COMMITTEE

Annabel Rosholt (Project Director)  
Yvonne de Wet (Financial Manager)  
Peter Allan (Committee Member)  
Jock de Jager (Committee Member)

## SUB COMMITTEE

Jacques Treadway (Dietician and Centre Manager)  
Nomajama Jikela (Assistant Manager and Senior Community Care Coordinator)  
Karen Ross (Sustainable Livelihoods Manager)

## OTHER STAFF

Gloria Feleza (Community Co-ordinator)  
Xolisile Majongolo (Food Garden Manager)  
Cecelia Menze (Assistant Food Garden Manager)  
Zintathu Pukuza (Kitchen Manager)  
Fundiswa Mqukusa (Assistant Kitchen Manager)  
Paul Roviss Khambule (Enterprise Development Coach)  
Nokuzola Gqabaza (Book Sharing Facilitator)  
Nokubonga Venge (Assistant Book Sharing Facilitator)

# Donors, Funders & Partners

Tiger Brands  
Remgro Limited  
Kwadi Trust  
Pioneer Foods Education and  
Community Trust  
Timberlea Farming Trust  
Skybound Capital  
Investec Wealth and Investment Cape Town  
SOS Kayamandi, The Netherlands  
Pricewaterhouse Coopers  
Cape Wine Auction Trust  
Capital Harvest  
Global Accommodation  
GLS Consultancy  
Maximum Adventure - The Jabulani Challenge Australia  
The LunchBox Fund  
Anne Dickenson Lind Family Fund  
Project Education Sweden  
McCrone Charitable Trust  
The Pam Barlow Charitable Trust  
CitroGold Pty Ltd  
The Pebbles Project  
SAIG (South Africans in Greece)  
The Rice Foundation  
Siquilo Foods  
Stonehage Flemming  
The Filton Trust  
Wonderbag  
GwenGain  
Bidfood  
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Mrs Y. de Wet  
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Miss E. & K. Lumsden  
Mrs A. Steinhobel  
Ms C.M. Hugo  
Edith & Leander Schnell  
Ms D. Brocchello (Caled)  
Mrs E. Mazza  
Die Boord Supempir  
Chemcape  
Polyoak Packaging  
Wild Peacock Food Merchants  
Ms J. Shepherd  
Soap4Safety Together against Covid19  
Malcolm Rutherford  
Andrea Price Rutherford  
Ms N. Jordaan  
Mrs C. Hirst  
De Jonker KwikSpar  
Mr K. Huisamen  
AGRY5 (Juan Pablo Veregas)  
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Dennegeur Farms  
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Hettie-Lize Marshall  
Ms A. Simms  
Ms A. Le Roux  
Ms C. Snelhage



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Mr and Mrs H. Wimble  
Mr M.K. Elgie  
Mr J. Smith  
Mrs V. Eckberg  
Mr and Mrs G. K. Elgie  
Mr and Mrs M. Boubred

THANK  
YOU





# COLLABORATIVE PROJECTS



The Lunchbox Fund has been supporting our Nutrition Programme for quite some time and have played an integral part in helping us ensure that our learners are well nourished, are able to concentrate in class, and excel in sport.



Pebbles started providing 50 food parcels per week during the lockdown and Love to Give assists with the packing and transport of these food parcels. This collaborative effort provides 50 extra food parcels for our unemployed beneficiaries.



**Western Cape  
Government**

Agriculture



**ELSENBURG**  
AGRICULTURAL TRAINING INSTITUTE

The Western Cape Department of Agriculture and the Elsenburg Agricultural Training Institute has been assisting some of our beneficiaries with training in various courses in Agriculture. They have also provided our 24 home gardens with Garden Starter packs consisting of garden tools, compost, seeds, seedlings and watering cans. They also provided us with a bicycle to do home garden visits to our beneficiaries.



## COLLABORATIVE PROJECTS



Through this collaboration we have started training of 28 Early Childhood Development Centres. The key focus areas support each developmental touch point of a child's early life to ensure that they have a 360 degree foundation and to prepare the children of Kayamandi in body, mind and soul.



Khula Development Group is an NGO with a mission to promote school attendance and reintegrate children who are at-risk of dropping out, back into the school system. As this has been a huge problem due to the Covid-19 pandemic, Khula, in partnership with Love to Give, Hope Through Action, The Western Cape Education Department and the Department of Economic Development and Tourism, a pilot project has been launched in October to: promote a culture of community learning, whether at School or at Home, promote a desire to attend school for those learners not attending due to Covid-19 fears, interact with the child at their educational level, improve the connection between the caregiver and learner and get the caregiver involved.

## CONCLUSION

We hope that this report adequately highlights the valuable contribution which you are making to the alleviation of poverty in hundreds of families, and thousands of children annually in Kayamandi; to the growth of a healthy generation of children and young leaders; and to the establishment of sustainable micro businesses and a growing number of skilled individuals.

Thank you also to all our donors, big and small for the continued support during this pandemic. Regardless of the size of your donation, we appreciate every single one of you!

Together it has enabled us to help a significant number of families in Kayamandi to survive the lockdown.





## GET CONNECTED



Like us on Facebook: @Love to Give /  
Stellenbosch Community Development  
Programme



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NPO 046-644 / PBO 930023211

Bank Details:



Bank: ABSA  
Branch code: 632005  
Account name: Stellenbosch Community Development  
Account number: 406 384 1099  
SWIFT code: ABSAZAJJ